

ATTACHMENT THEORY INTO PRACTICE

USING AN ATTACHMENT-FOCUSED LENS TO CREATE A NURTURING AND RESPONSIVE GROWING ENVIRONMENT FOR CHILDREN

This workshop will explore a practical application of attachment theory and how to integrate key principles into everyday care, group culture, policy, and maintaining a supportive care team (including strong relationship with parents). The Circle of Security Parenting Model © will provide participants with the attachment map through which we will delve into challenges facing education centers. Working from an attachment-focused lens will support educators' efforts to establish a nurturing learning environment. This training will be offered in small group format to allow participants to discuss case examples and work through ways to apply new learning in daily life. The three part training will allow participants to build capacity around understanding behaviour as emotional need, gain confidence in responding to that emotional need, reflect on special considerations for children who have experienced trauma and implications for inclusive practices.

Michelle Maclsaac

Michelle is a clinical social worker with more than 19 years of practice. She has worked with children, adults, couples and families in diverse settings including Early Intervention, the Canadian Armed Forces, IWK Health Centre, and non-profit community-based settings. She is currently a partner in an attachment and trauma focused private practice, Clannad Counselling and Consulting. Michelle's areas of specialization are trauma (PTSD and developmental trauma), disabilities including Autism and ADHD, and anxiety/depression. Her training includes Emotionally Focused Therapy (attachment-based couple work), Attachment Focused EMDR, CBT, Play Therapy (Theraplay) and Circle of Security.

nscC

Early Childhood Development
Support Centres

Saturdays
9:00 am – 4:00 pm
September 29th
October 27th
November 24th

You must attend all sessions
to receive your certificate.

18 PD hours!

**NSCC Kingstec
Campus**



\$200

Registration Deadline:
September 14th

(Registration opens August 6th)

Visit our website for more
information:

www.ecdsc.nscC.ca