

# **SWN RESOURCE DIRECTORY BY TOPIC LIST**

DEVELOPED BY

**PARTNERS FOR CHILDREN AND FAMILY  
SUPPORT (PCFS)**

Yarmouth, Digby, Shelburne

EARLY CHILDHOOD DEVELOPMENT INITIATIVE

## **ABORIGINAL SERVICES**

See Acadia First Nation  
Native Council of Nova Scotia's Child Help Initiative Program (CHIP)  
First Nations and Inuit Health Branch

## **ABORTION SERVICES INFORMATION**

See Tri-County Women's Centre

## **ACADIA FIRST NATION**

742-0257

## **ADDICTION SERVICES**

Barrington	Tel: 637-1432
Church Point Tel:	Tel: 769-3419
Digby	Tel: 245-5888
Shelburne	Tel: 875-8645
Yarmouth	Tel: 742-2406
Gambling Help Line	Tel: 1-888-347-8888

## **ADOPT-A-FAMILY CHRISTMAS PROGRAM**

See Parents Place

## **ADOPTION**

See Family & Children's Services (Yarmouth)

## **ADULT LEARNING**

Digby and Area Learning Association	Tel: 245-7532
Tusket - Équipe d'alphabétisation	Tel: 648-0501 ou 1-888-648-0501
Shelburne County Learning Network	Tel: 875-4272
Yarmouth County Learning Network	Tel: 742-8151

### **GED Preparation**

Burridge Campus (Yarmouth)	Tel: 749-2418
Shelburne Campus	Tel: 875-8652 or 875-8640
Digby and Area Learning Association	Tel: 245-7532

## **ALCOHOL ABUSE**

See Addiction Services

## **ALPHABETISATION FAMILIALE**

C.P. 59, 1 rue Slocumb, Tusket, N.-É. B0W 3M0

Tél: (902) 648-0501 ou 1-888-648-0501

Télécopieur: (902) 648-3525

Courriel: [coordination.eane@nald.ca](mailto:coordination.eane@nald.ca)

Site Web: [www.nald.ca/eane/](http://www.nald.ca/eane/)

## **AMBER'S PLAY ACADEMY**

34 Kenney Road

Stoney Island, N.S. B0W 3J0

B0W 3J0

## **APSEA (ATLANTIC PROVINCES SPECIAL EDUCATION AUTHORITY)**

5940 South Street, Halifax, N.S. B3H 1S6

Tel: 424-8500 FAX: 424-0543

Web Site: <http://www.apsea.ca/>

## **ATLANTIC SUPERSTORE - DIETITIAN**

Barrington - 637-3512

Digby - 245-4108

Yarmouth - 742-3392

## **BABYSITTERS/BABYSITTING**

See Child Care

## **BASIC SHELF COOKING**

See Parents Place

## **BETTER WAYS - A PARENTING APART PROGRAM**

See Parents Place

See Also Family Court

Legal Aid

## **BETHANY BARGAIN BIN**

Digby

Tel: 245-2524

## **BIBLIOTHEQUES**

Publiques - Voir Western Counties Regional Library

Réssources pour parents - Voir Parents Place

La Pirouette  
Centre Provincial des ressources préscolaires

**BOYS & GIRLS CLUB OF YARMOUTH**

11 Bond Street, Yarmouth, N.S., B5A 1P6  
742-9103

**BOYS AND GIRLS CLUB OF YARMOUTH (BURRIDGE CAMPUS)**

327 Pleasant Street  
Yarmouth, N.S. B5A 2L2  
742-0749

**BRASSE et BOUILLAGE**

Voir La Pirouette

**BREAST-FEEDING/BREAST-FEEDING SUPPORT**

See Public Health Services (Yarmouth, Dibgy, Shelburne)

Friendly Feeding Line

Women's Institute of Nova Scotia

Breastfeeding Support Group - Clare

Tel: 645-3085

Breastfeeding Hot Line; Halifax

Tel: 1-902-481-5822

Mother Baby Clinic (IWK)

Tel: 1-902-4206483

**BREAST PUMP LOAN PROGRAM**

See Women's Institute of Nova Scotia

King Street Centre (Shelburne)

(902) 875-3256

**BURRIDGE DAY CARE**

See Boys and Girls Club of Yarmouth (Burrige Campus)

**CAR SEAT SAFETY**

See Safety

**LA PIROUETTE**

Centre de ressources et de services à la famille

C.P. 222, Saulnierville, N.É. BOW 2Z0

Tel: 645-2673, 769-5854

[www.lapirouette@cprp.ca](http://www.lapirouette@cprp.ca)

Meteghan EMC  
645-2134

#### **CAPC**

See Community Action Program for Children

#### **CASE AIDE**

See Family & Children's Services (Yarmouth County)  
Department Community Services (Digby)  
Children's Aid Society (Shelburne County)

#### **CENTRE DE RESSOURCES ET DE SERVICES A LA FAMILLE**

Voir La Pirouette

#### **CENTRE PRESOLAIRE DE LA BAIE SAINTE-MARIE**

C.P. 117 Universite Ste. Anne, Pointe-de-L'Eglise, N.E.  
Tel: 769-3250

#### **CENTRE PROVINCIAL DES RESSOURCES PRESOLAIRES (CPRP)**

c/o Universite Ste. Anne, Pointe-de-L'Eglise, N.E.  
Tel: 769-5850

#### **CHILD CARE CENTRES**

##### **- CLARE**

**La Garderie Familiale de Clare**  
C.P. 5 Pointe-de-L'Eglise, N.E. BOW 1M0  
769-3876  
email: [wangard@ns.sympatico.ca](mailto:wangard@ns.sympatico.ca)

**La Prematernelle de Clare/ Le Centre Prescolaire de la Baie Ste-Marie**  
450 Chemin Patrice, Pointe-de-L'Eglise, N.E., BOW 1M0  
769-3250

**La Prematernelle de Clare**  
450 Chemin Patrice, Pointe-de-L'Eglise, N.E., BOW 1M0

769-3250

**Le Centre Prescolaire de la Baie Ste-Marie**

C.P. 117, Universite Ste. Anne  
Pointe-de-L'Eglise, N.E. BOW 1M0  
769-2114 ext.213

**Notre Jardin D'Enfance**

C.P. 361 Meteghan, N.E., BOW 1M0  
645-3490

- DIGBY & COUNTY

**Digby Pre-School Co-op**

84 Warwick Street, P.O. Box 688, Digby, NS  
Tel/Fax: 245-5780

**Learning Grove Child Care Centre**

121 Victoria Street, PO Box 968, Digby, N.S. BOV 1A0  
245-4875

**Learning Grove Child Care Centre (School Age Unit)**

20 Shreeve street, Digby, NS BOV 1A0  
245-4875

**Wee Weymouth Kindergarden and Day Care**

4329, RR#1 Weymouth, NS BOW 3T0  
837-1134

-SHELBURNE & COUNTY

**Amber's Play Academy**

34 Kenney Road, Stoney Island, NS BOW 3J0  
745-2717

**Huggy Bears Child Care Centre**

3138 Hwy 3 Barrington Passage, N.E. BOW 1G0  
637-3198

**Little People's Place of Shelburne Association**  
14 St. Andrews Lane, Shelburne, N.S., BOT 1W0  
875-3774

**Little People's Place of Shelburne Association**  
35 King Street, Shelburne, NS BOT 1W0  
875-1078

**Michele's Nursery School**  
3782 Stirl's Road, Barrington Passage, NS BOW 1G0  
637-2004

**Pleasant Point Day Care**  
91 Osbourne Street, Osbourne, NS BOT 1R0  
656-3199

**Ready Set Learn Preschool**  
3437 Hwy 3, Barrington Passage, NS BOW 1G0  
637-1689

- YARMOUTH & COUNTY

**Boys and Girls Club of Yarmouth**  
11 Bond Street, Yarmouth, N.S.  
Tel: 742-9103

**Boys and Girls Club of Yarmouth (Burrige Campus)**  
372 Pleasant Street  
Yarmouth, N.S.  
Tel: 742-3501/742-9103

**Creative Learner's Preschool & Child Care**  
Box 1180 - 340 Dayton Rd.  
Yarmouth, N.S. B5A 4A9  
Tel: 742-8623

**John & Douglas Kindergarden**  
South Centennial School  
20 Forbes Street, Yarmouth, NS B5A 1W8

749-5150

**Le Jardin des Petits**

Twin Village Social Club, Tusket, NS BOW 3M0  
648-2900

**Les Petits Copains Kindergarten**

Wedgeport Consolidated School  
44 Ditcher Rd., Lower Wedgeport, NS BOW 3P0  
663-2082

**Let's Get Growing Nursery School**

6 Prescott Street, Yarmouth, NS B5A 2V7  
742-2742

**Lil' Jems Childcare Centre**

1040 Lakeside Road  
Yarmouth, N.S., B5A 4A9  
749-0789

**Mommy & Me Daycare**

275 Hwy. 334  
Arcadia, N.S., BOW 1B0  
Tel: 742-0083

**My Friend's Place Child Care Centre**

34 Barnard Street, Yarmouth, NS B5A 3T5  
749-1718

**Papillons et Pisenlits**

811 Highway 335, West Pubnico, N.S.  
Tel: 762-0277

**Tish's Nursery School**

43 Country Lake Crescent, Yarmouth, NS B5A 4A9  
742-8412

**CHILD PROTECTION**

See Family & Children's Services (Yarmouth, Digby)



See Children's Aid Society (Barrington)

**CHILDCARE CENTRE LICENSING**

See Government - Department of Community Services

**CHILDCARE COMPLAINTS**

See Government - Department of Community Services

**CHILDCARE TRAINING**

See NSCC Early Childhood Development Support Centre  
See Parents Place

**CHILDREN IN CARE**

See Family & Children's Services (Yarmouth)

**CHILDREN'S AID SOCIETY**

Barrington Tel: 637-2337 Fax: 637-2137  
See Also Family and Children's Services (Yarmouth, Digby)

**CHIP**

See Native Council of Nova Scotia Child Help Initiative Program (CHIP)

**CHRISTMAS ADOPT- A- FAMILY**

See Parents Place

**CHRISTMAS DADDIES**

Clare - 645-3416

**CHRISTMAS HAMPER PROGRAM**

See Salvation Army

**CHRISTMAS SUPPORT**

Micmac Benevolent Society (see CHIP)

**CIRCLE TIME**

See Parents Place

**CLARE EARLY INTERVENTION PROGRAM**

Tel: 769-5853

<http://www.nsnet.org/eipclare>

### **CLOTHING ASSISTANCE**

See Parents Place (Infant, Snowsuit Exchange etc.)  
King Street Centre  
Tri-County Pregnancy Care  
Salvation Army  
Bethany Bargain Bin  
NU2U

### **COMMUNITY ACTION PROGRAM FOR CHILDREN**

See Family Resource Centre

### **COMMUNITY GARDEN**

See Parents Place  
Tri-County Women's Centre

### **COMMUNITY HEALTH BOARD**

Clare CHB	Tel: 769-3056
Yarmouth CHB	Tel: 749-0600
Digby and Area CHB	Tel: 245-1951
Shelburne and Area CHB	Tel: 875-3011 ext. 206

### **COMMUNITY NUTRITION**

See Out-patient Nutrition Counseling  
See also Public Health Services

### **COMMUNITY SERVICES**

See Government  
Partnerships for Inculsion (Bilingual)  
762-3242

### **COMPLAINT INVESTIGATION**

See Government - Department of Community Services

### **COOKING**

See Parents Place  
See Also Atlantic Superstore

**COOKING CLUB**

See Parents Place  
See Also Atlantic Superstore

**COSTUMES**

See Parents Place

**CREATIVE LEARNER'S PRESCHOOL**

Box 1180 - 340 Dayton Rd.  
Yarmouth, N.S., B5A 4A9  
Tel: 742-8623

**DAYCARE**

See Child Care Centres

**DAYCARE LICENSING**

See Government - Dept. of Community Services

**DEPARTMENT OF COMMUNITY SERVICES**

See Government

**DEPRESSION**

See Mental Health Services

**DIAL-A-RIDE (Transportation for Special Needs)**

See HOPE

**DIAPERS**

See Parents Place - Milk & Diaper Emergency Program

**DIETITIAN**

See South West Nova District Health Authority  
See Also Atlantic Superstore  
See Out-Patient Nutrition Services

**DIGBY & AREA EARLY INTERVENTION PROGRAM**

Digby General Hospital  
P.O. Box 820, Digby, NS B0V 1A0

Tel: 245-6277 Fax: 245-6523

[deip@ns.sympatico.ca](mailto:deip@ns.sympatico.ca)

**DIGBY AREA LEARNING ASSOCIATION (DALA)**

45 Mount Street

PO Box 968, Digby, N.S. B0V 1A0

Tel: 245-7530 or 245-7540

[www.dala.digby.ns.ca](http://www.dala.digby.ns.ca)

**DIGBY COUNTY FAMILY RESOURCE CENTRE**

19 Prince William St., Digby, N.S. B0V 1A0

Tel: 245-6464

**DIGBY PRE-SCHOOL CO-OP**

84 Warwick Street, P.O. Box 88, Digby, NS B0V 1A0

Tel/Fax: 245-5780

**DIVORCE & SEPARATION**

See Parents Place

See Also Family Court

Legal Aid

**DRUG ABUSE**

See Addiction Services

**EARLY CHILDHOOD DEVELOPMENT SERVICES**

See Government - Dept. of Community Services

**EARLY CHILDHOOD DEVELOPMENT SUPPORT CENTRE**

See NSCC Early Childhood Development Support Centre

**EARLY CHILDHOOD EDUCATORS**

See

- Clare

La Pirouette

C.P. 222, Saulnierville, N.É. B0W 2Z0

Tel: 645-2673 Tel: 769-2114 ext 264

[lapirouette@cprp.ca](mailto:lapirouette@cprp.ca)

-Yarmouth

Parents Place

NSCC Early Childhood Development Support Centre

## **EARLY INTERVENTION PROGRAMS**

See

- Clare

Clare Early Intervention

- Digby

Digby & Area Early Intervention

- Shelburne

Shelburne County Early Childhood Development Association

- Yarmouth

Southwest Early Childhood Intervention

- Partnerships for Inclusion (Bilingual)

762-3242

## **EARLY LEARNING**

See

Let's Read Together

Parents Place

Play & Learn

## **EDUCATION**

Aboriginal Peoples Training & Employment Commission (APTEC)

## **EDUCATRICES DE LA PETITE ENFANCE**

Voir

La Pirouette

C.P. 222, Saulnierville, N.É. B0W 2Z0

Tel: 645-2673 Tel: 769-2114 ext 264

[lapirouette@cprp.ca](mailto:lapirouette@cprp.ca)

## **EMPLOYMENT SUPPORT**

See Government - Department of Community Services

## **ÉQUIPE D'ALPHABÉTISATION-NOUVELLE-ÉCOSSE**

Voir Alphabétisation Familiale

## **EQUIPMENT FOR SPECIAL NEEDS CHILDREN**

See Government - Department of Community Services  
See also Early Childhood Intervention Programs

## **FAMILIES IN MOTION PLAY GROUP**

See NSCC Early Childhood Development Support Centre

## **FAMILY & CHILDREN'S SERVICES**

Digby County - Tel: 245-5811 Fax: 245-4121  
Yarmouth County - 10 Starrs Road, Yarmouth, NS B5A 2T1  
Tel: 742-0700 Fax: 742-8945  
Barrington - Tel: 637-2337 Fax: 637-2137

## **FAMILY COUNSELING**

See Family & Children's Services (Yarmouth County)  
See Also Mental Health Services  
Divorce & Separation

\*Check Yellow pages under Psychologists and Counseling for Private Practitioners

## **FAMILY COURT**

Yarmouth - 742-0550

## **FAMILY MAINTENANCE ENFORCEMENT PROGRAM**

Yarmouth - 742-0604  
Digby - 245-5871

## **FAMILY PHYSICIANS**

See South West District Health Authority  
[www.swndha.ns.ca](http://www.swndha.ns.ca)  
<http://www.cpsnssearch.ca/search.asp>

## **FAMILY PLANNING**

See Family and Children's Services  
Tri- County Women's Centre  
Tri-County Pregnancy Centre  
See Also Adoption  
Abortion  
Foster Care  
Pre-Natal Clinics

## **FAMILY RESOURCE CENTRE**

See also Aboriginal Services

Clare -

La Pirouette

C.P. 222, Saulnierville, N.É. BOW 2Z0

Tel: 645-2673 Tel: 769-2114 ext 264

[lapirouette@cprp.ca](mailto:lapirouette@cprp.ca)

Digby -

Digby County Family Resource Centre

19 Prince William St., Digby, N.S.

Tel: 245-6464

Shelburne -

King Street Family Resource Centre

35 King Street, P.O. Box 532, Shelburne, NS B0T 1W0

email: [capcshel@ns.sympatico.ca](mailto:capcshel@ns.sympatico.ca)

Yarmouth -

Parents Place Family Resource Centre

34 Barnard Street, Yarmouth, NS B5A 3T5

Tel: 749-1718 Fax: 749-1325

[www.parentsplaceyarmouth.org](http://www.parentsplaceyarmouth.org)

email: [parentsplace@eastlink.ca](mailto:parentsplace@eastlink.ca)

Teens (11-18) - Our House Youth Health and Wellness Centre

54 King Street,

Shelburne

875-3337

## **FAMILY SUPPORT**

See Family & Children's Services (Yarmouth)

## **FAMILY VIOLENCE**

See Juniper House

See also Tri-County Women's Centre

Victim's Assistance

## **FINANCIAL ASSISTANCE**

See Government - Department of Community Services

**FIRST NATIONS AND INUIT HEALTH BRANCH (HEALTH CANADA)**  
426-6637

**FIRST STEPS HOUSING PROJECT**

A transitional residence for pregnant homeless teens and their babies.  
St. John, NB Tel: (506) 693-2228 or Crisis line (506) 693-2229

**FIRST STEPS**

See Parents Place

**FOOD BANKS**

Weymouth; 837-4987 or 837-5185

Weymouth Falls Road (St. Joseph's Catholic Parish Hall) open 2<sup>nd</sup> Saturday of every month. (Emergency service available by calling)

Digby; 245-2251

63 Warwick Street, Digby (in the basement)

Clare; 769-2263

9636 Route 1 Saulnierville Parish Hall Saulnierville

Open 3<sup>rd</sup> Wednesday of every month. (Emergency service available by calling).

Yarmouth Food Bank Society; 742-0918

390 Main Street (in the back)

Yarmouth, N.S.

Open every Tuesday. (Emergency service available by calling).

Shelburne; 875-3823

29 Ann Street

Shelburne, N.S.

**FOSTER CARE**

See Family & Children's Services (Yarmouth)

**FRIENDLY FEEDING LINE**

Yarmouth - 742-3542 x 433

Shelburne - 875-2623

Barrington - 637-2430



**FUEL BANK**

Yarmouth - 742-6906

**FURNITURE ASSISTANCE**

See Salvation Army

**FURNITURE BANK**

31 Willow Street,  
Yarmouth, N.S.  
Tel: 742-0160

**GAMBLING**

See Addiction Services

**GARDERIE FAMILIALE DE CLARE**

C.P. 5 Pointe-de-L'Eglise, N.E. BOW 1M0  
Tel: 769-3876  
email: wangard@ns.sympatico.ca

**GARDENING**

See Community Garden

**GARDIENNES/RESPONSABLES DE GARDE EN MILIEU FAMILIAL**

Voir Child Care  
Voir Aussi Garderie Familiale de Clare  
La Pirouette

**GED PREPARATION**

See Adult Learning

**GOOD BEGINNINGS: INTRODUCTION TO FAMILY CHILDCARE**

See Parents Place

**GOVERNMENT**

**Department of Community Services**  
Yarmouth  
10 Starrs Road, Yarmouth, NS B5A 2T1  
Tel: 742-0741

Shelburne - Tel: 637-2335  
Digby  
84 Warwick St., Digby, N.S.  
Tel: 245-5811

**GROUPE DE SOUTIEN POUR EDUCATRICES ET GARDIENNES EN MILIEU FAMILIALE**

Voir La Pirouette

**HALLOWEEN COSTUME EXCHANGE PROGRAM**

See Parents Place

**HEALTH**

Yarmouth County Community Health Board  
58 Vancouver Street  
Yarmouth, N.S. B5A 2P5  
(902) 749-0600

**HEARING & SPEECH CENTRES**

See South West District Health Authority  
[www.nshsc.ns.ca](http://www.nshsc.ns.ca)

**HOPE CENTRE**

742-8910

**HOUSING**

See Tri-County Housing Authority  
See Also First Steps Housing Project (homeless pregnant teens)

**HOW TO TALK SO KIDS WILL LISTEN**

See Parents Place

**INCOME ASSISTANCE**

See Government - Department of Community Services

**INFANT MASSAGE**

See Family Resource Centre

**INFANT CARE**

See Boys & Girls Club of Yarmouth  
La Prematernelle de Clare  
Garderie Familiale de Clare

**IN-HOME CHILDCARE REGISTRY**

See Parents Place  
Garderie Familiale de Clare

**IN-HOME SUPPORT SERVICES**

TEL: 541-1266

**JOB READINESS / JOB TRAINING**

See Government - Department of Community Services  
Aboriginal Peoples Training & Employment Commission (APTEC)

**JOHN DOUGLAS KINDERGARTEN**

c/o South Centennial School  
Tel: 749-5150 (msg. only)

**JOUER ET APPRENDRE**

Meteghan, N.E.  
769-2859

**JOUETS/JEUX/JOUJOUTHEQUE DE PRET**

Voir La Pirouette

**JUMP-IN**

(Location - Notre Dame Youth Centre)  
See Parents Place

**JUNIPER HOUSE**

Outreach - 25 Seminary, Yarmouth, N.S.  
Tel:742-0231  
Distress - 742-8689  
Office 742-4473

**KIDS FAIR PLAY FUND**

See Recreation (local departments)

## **KING STREET FAMILY RESOURCE CENTRE**

35 King Street, P.O. Box 532, Shelburne, NS BOT 1W0

Tel: 875-3256

email: [capschel@ns.sympatico.ca](mailto:capschel@ns.sympatico.ca)

## **LA PIROUETTE**

Centre de ressources et de services à la famille

C.P. 222, Saulnierville, N.É. BOW 2Z0

Tel: 645-2673, 769-5854

[www.lapirouette@cprp.ca](http://www.lapirouette@cprp.ca)

## **LEARNING CENTRE**

See Adult Learning

## **LEARNING GROVE CHILDCARE CENTRE**

See Digby Area Learning Association

## **LEGAL AID**

Yarmouth & Shelburne Contact:

101 Water Street, Pier 1 Complex, Yarmouth

Tel: 742-7827 Toll Free: 1-866-742-3300

Digby Contact:

253 St. George Street, Annapolis Royal

532-2311

Legal Information Society of Nova Scotia - 1-800-665-9779

## **LET'S READ TOGETHER**

See Parents Place

## **LEISURE SERVICES**

See Recreation

## **LIBRARY (PUBLIC)**

See Western Counties Regional Library

## **LITERACY**

See Parents Place - (Circle Time; Let's Read Together)

Digby Area Learning Association  
Shelburne County Learning Network  
Yarmouth County Learning Network

**LITTLE PEOPLE'S PLACE DAYCARE**

St. Andrews Lane  
Shelburne, N.S., B0T 1W0  
Tel: 875-3774

**MENTAL HEALTH SERVICES**

Yarmouth Mental Health Centre	Tel: 742-4222
Digby Mental Health Centre	Tel: 245-4709
Shelburne Mental Health Centre	Tel: 875-4200
Clare Mental Health	Tel: 645-3470

**MILK & DIAPER EMERGENCY PROGRAM**

See Parents Place

**MOMMY & ME DAYCARE**

275 Hwy. 334  
Arcadia, N.S., B0W 1B0  
Tel: 742-0083

**MOTHER RISK HELPLINE**

See Safety

**MY FRIENDS PLACE CHILDCARE CENTRE (Toddler & Preschool)**

See Parents Place

**NATIVE COUNCIL OF NOVA SCOTIA CHILD HELP INITIATIVE PROGRAM  
(CHIP)**

Yarmouth, Digby, Shelburne      Tel: 1-902-354-2751

**NEW MOM GIFT BAGS**

See Parents Place

**NOTRE JARDIN D'ENFANCE**

C.P. 361 Meteghan, N.E., B0W 2J0  
Tel: 645-3490

## **NSCC EARLY CHILDHOOD DEVELOPMENT SUPPORT CENTRE**

Burridge Campus

Tel: 742-7832 Fax: 742-7857

## **NU 2 U**

Roseway Hospital, Shelburne Tel: 875-2769

## **NUTRITION**

See

Out-patient Nutrition Counseling

Public Health Services

South West Nova District Health Authority

Atlantic Superstore

## **NUTRITION - COOKING**

See Parents Place

Atlantic Superstore

## **NUTRITIONIST**

See

Public Health Services

Out-patient Nutrition Counseling

See Also Dietitian

Atlantic Superstore

## **OUT-PATIENT NUTRITION COUNSELING**

Digby General Hospital

56 Warwick Street, Digby, NS B0V 1A0

Tel: 245-2502 Ext 3259

South West Nova District Health Authority

Yarmouth Regional Hospital

60 Vancouver Street, Yarmouth, NS B5A 2P5

Tel: 742-3542 Ext 246

Roseway Hospital

1606 Sandy Point Road

P.O. Box 610

Shelburne, N.S.

Tel:875-2311

**OUTREACH RESOURCE LENDING SERVICE**

See Parents Place

**OUR HOUSE YOUTH HEALTH AND WELLNESS**

See Family Resource Centers

**PARENT HELP LINE**

1-888-603-9100

**PARENTING GROUP**

See Parents Place

**PARENTING PROGRAMS**

See

Digby Family Resource Centre (Digby)

King Street Family Resource Centre (Shelburne)

La Pirouette (Clare)

Parents Place (Yarmouth)

CHIP

**PARENTS PLACE**

34 Barnard Street, Yarmouth, NS B5A 3T5

Tel: 749-1718 Fax: 749-1325

[www.parentsplaceyarmouth.org](http://www.parentsplaceyarmouth.org)

Email: [parentsplace@eastlink.ca](mailto:parentsplace@eastlink.ca)

**PETITS PAS PARENTING GROUP**

Voir La Pirouette

**LA PIROUETTE**

Centre de ressources et de services à la famille

C.P. 222, Saulnierville, N.É. BOW 2Z0

Tel: 645-2673, 769-5854

[www.lapirouette@cprp.ca](http://www.lapirouette@cprp.ca)

**PLANNED PARENTHOOD**

See Tri-County Women's Centre

**PLAY AND LEARN**

See Parents Place

**PLAYGROUNDS**

See Recreation

See Also

King Street Family Resource Centre (Shelburne)

Parents Place (Yarmouth)

**POST PARTUM MENTAL HEALTH**

See

Mental Health Services

Public Health Services

MOM "Managing Our Mood" 1-866-470-7111 #3

**PREMATERNELLE DE CLARE (LA)**

450 Chemin Patrice, Pointe-de-L'Eglise, N.E., BOW 1M0

Tel: 769-3250

**PRE-NATAL CLINIC**

Yarmouth Regional Hospital (Yarmouth, Digby, Shelburne); Tel: 749-0730

**PRE-NATAL EDUCATION**

See Public Health Services

**PRE-SCHOOL**

See Child Care Centres

**PRESCHOOLERS**

See Parents Place (Yarmouth)

King Street Centre (Shelburne)

**POISON CONTROL**

See Safety

**PUBLIC HEALTH SERVICES**

*Yarmouth Public Health Services*

60 Vancouver Street, 4<sup>th</sup> Floor



742-7141 - Main Line

*Digby Public Health Services*

67 Warwick Street, Digby General Hospital, 3<sup>rd</sup> Floor  
245-2557

*Meteghan Public Health Services*

Clare Medical Centre, Meteghan Centre  
645-2325

*Shelburne Public Health Services*

Roseway Hospital  
875-2623

*Barrington Satellite Office*

#3640 Hwy #3  
Barrington Passage  
637-2430

**READY-SET-GO SCHOOL ORIENTATION PROGRAM**

See Parents Place

**RECREATION**

Parks Canada 1-888-773-8888

Municipality of Argyle 648-3379

Municipality of Barrington 637-2903 - Municipal Arena 637-2687

Municipality of Clare 769-3655

Municipality of Digby 245-5006

Municipality of Shelburne 875-3544 or 875-3083

Municipality of Yarmouth 742-8868 - Milo Boat Club 742-4923

- Mariners Centre 742-2155

YMCA - Yarmouth 742-7181

Town of Lockeport 656-2642

Town of Shelburne 875-3873

**RESPIRE SERVICES**

See

YACRO

In-Home Support Services

Western Regional Respite Services

### **RESOURCE LENDING LIBRARY**

See Parents Place

Early Childhood Development Support Centre

See Southwest Early Childhood Intervention

### **RESSOURCES POUR PARENTS**

Voir

Digby Family Resource Centre (Digby)

King Street Centre (Shelburne)

Parents Place (Yarmouth)

La Pirouette (Clare)

### **RESSOURCES PRESCOLAIRES**

Voir

Centre Provincial des Ressources Prescolaire (CPRP)

### **ROOTS OF EMPATHY PROGRAM**

See Parents Place

### **SAFETY**

**Canada Safety Council**

[www.safety-council.org](http://www.safety-council.org)

(613) 739-1566

**Child Safety Link**

<http://www.childsafetylink.ca>

470-6496 or 1-866-288-1388

**Safe Kids Canada**

<http://www.safekidscanada.ca>

**Health Canada Consumer Products Safety**

[http://www.hc-sc.gc.ca/cps-spc/index\\_e.html](http://www.hc-sc.gc.ca/cps-spc/index_e.html)

**Poison Control Centre**

IWK Hospital - 428-8161 or 1-800-565-8161

**RCMP - 911**

Shelburne - 875-2490

Barrington - 637-2325

Yarmouth County- 742-9106

Yarmouth Town - 742-8777

Meteghan - 645-2326

Digby - 245-2579

**Car Seat Safety Inspections - Cooperators**

742-7813

**Car Seat Safety Transport Canada**

1-800-333-0371

**SALVATION ARMY**

Yarmouth Corps

259 Main St., Yarmouth, N.S.

Tel:742-2519

**SCHOOL READINESS**

See

Digby Pre-school Co-op

Parents Place

Learning Grove Educational Centre

John Douglas Kindergarten

King Street Centre

**SCHOOL SUPPLIES/SCHOOL SUPPLIES PROGRAM**

See Parents Place

CHIP

**SERVICE DE GARDE**

Voir - Child Care

**SERVICES FOR PERSONS WITH DISABILITIES**

See Government - Department of Community Services

**SERVICES FOR SPECIAL NEEDS CHILDREN**

See Government - Department of Community Services

See Also Early Childhood Intervention Programs

**SHELBURNE COUNTY EARLY CHILDHOOD DEVELOPMENT ASSOCIATION**

P.O. Box 9, Shelburne, NS BOT 1W0

Tel: 875-4067 Fax: 875-4094

Email: [scecd@ns.sympatico.ca](mailto:scecd@ns.sympatico.ca)

<http://www.nsnet.org/shelburne>

**SHELBURNE COUNTY LEARNING NETWORK**

123 Mowatt Street, Shelburne, N.S. BOT 1W0

Tel: 875-4272

FAX: 875-2657

Email: [SCLN@ns.sympatico.ca](mailto:SCLN@ns.sympatico.ca)

**SMOKING AND PREGNANCY**

See Public Health Services

Addiction Services

**SNOWSUIT/SKATE EXCHANGE PROGRAM**

See Parents Place

Kids Fair Play Fund

**SOCIAL ASSISTANCE**

See Government - Department of Community Services

Social Assistance Recipient Support for Employment and Training (SARSET)

**SOUTHWEST EARLY CHILDHOOD INTERVENTION**

58 Vancouver Street, Office 207, Yarmouth, NS B5A 2P5

Tel: 742-3366 Fax: 742-1984

[seci@auracom.com](mailto:seci@auracom.com)

[www.earlyintervention.net](http://www.earlyintervention.net)

**SOUTH WEST NOVA DISTRICT HEALTH AUTHORITY**

Digby General Hospital

56 Warwick Street, Digby, NS BOV 1A0

Tel: 245-2501

Yarmouth Regional Hospital

60 Vancouver Street, Yarmouth, NS BA 2P5

Tel: 742-3541

Roseway Hospital  
1606 Lake Rd., Shelburne, N.S.  
Tel: 875-3011

### **SOUTIEN PARENTAL**

Voir

Digby Family Resource Centre (Digby)

King Street Centre (Shelburne)

Parents Place (Yarmouth)

La Pirouette (Clare)

### **SPECIAL NEEDS ASSISTANCE**

See Government - Department of Community Services

See Also HOPE

Early Childhood Intervention Programs

### **SPEECH**

See Hearing and Speech

### **SUBSIDIZED HOUSING**

See Tri-County Housing

### **SUPPORT GROUP FOR AT HOME CHILDCARE PROVIDERS**

See La Pirouette

### **TOYS & TOY LENDING**

See

Digby & Area Early Intervention Program (Digby)

Parents Place (Yarmouth)

La Pirouette (Clare)

Shelburne Early Childhood Development Assistance (Shelburne)

### **TRANSITION TO SCHOOL**

See King Street Family Resource Centre

Parents Place

## **TRANSPORTATION**

Hut's Transit (Yarmouth)  
Tel: 649-2422

Amero's Shuttle Service Inc. (Yarmouth - Halifax)  
Tel: 1 888 238-2222

Campbell's Shuttle Service (Yarmouth - Halifax)  
Tel: 742-6101 or 1 800 742-6101  
[www.campbell-shuttle-service.com](http://www.campbell-shuttle-service.com)

Cloud Nine Shuttle Service (Yarmouth - Halifax)  
Tel: 742-3992

HOPE Dial-A-Ride (Accessible Transportation)  
Tel: 742-6579

DRL Coachlines (Yarmouth - Halifax)  
Tel: 902 450-1987

Transport de Clare  
Tel: 769-2477

Kings Transit  
Tel: 681-2846

## **TRI-COUNTY HOUSING**

Tel: 742-4369

## **TRI-COUNTY PREGNANCY CARE CENTRE INC.**

342 Main Street, Yarmouth, N.S., B5A 1E6  
Tel: 742-3865

## **TRI-COUNTY WOMEN'S CENTRE**

126 Brunswick Street, Yarmouth, N.S., B5A 2H3  
Tel: 742-0085  
[www.tricountywomenscentre.org](http://www.tricountywomenscentre.org)

## **WELFARE**

See Government - Department of Community Services

### **WESTERN COUNTIES REGIONAL LIBRARY**

405 Main Street  
Yarmouth, NS B5A 1G3  
Tel:742-2486 FAX:742-6920  
[www.westerncounties.ca](http://www.westerncounties.ca)  
[ansy@nsy.library.ns.ca](mailto:ansy@nsy.library.ns.ca)

Barrington Branch	637-3348
Clare Branch	645-3350
Clark's Harbour Branch	745-0826
Digby Branch	245-2163
Lockeport Branch	656-2817
Pubnico Branch	762-3208
Shelburne	875-3615
Westport Branch	839-2955
Weymouth Branch	837-4596
Yarmouth Branch	742-5040

### **WESTERN REGIONAL RESPITE SERVICES**

Yarmouth, Digby, Shelburne 742-9258  
See Also Government

### **WOMENS INSTITUTE OF NOVA SCOTIA**

Tel: 742-2722

### **WOMEN'S SHELTER**

See Juniper House

### **YACRO (YARMOUTH ASSOC. FOR COMMUNITY RESIDENTIAL OPTIONS)**

6 Thurston Street, PO Box 866  
Yarmouth, N.S., B5A 4K5  
Tel: 742-9258

### **YARMOUTH COUNTY LEARNING NETWORK**

372 Pleasant Street  
Yarmouth, N.S. B5A 2L2  
Tel: 742-8151

FAX: 742-5329

**YOUR PRESCHOOLER**  
See Parents Place