

Spring 2018

nscc

Early Childhood Development Support Centres

Kingstec



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Follow us online!

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Submitted by Amanda Karsten.

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Provided by Hike Nova Scotia

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ECE Spotlight!

Amanda Karsten, ECE, Carnival Cruise Lines

Amanda Karsten graduated from NSCC Kingstec in the Early Childhood Education program in 2012. She has worked in a unique setting ever since.

She works as a member of the youth team with Carnival Cruise Lines, looking after children of all ages while cruising around the world on contracts of six months or more.

We asked Amanda to share her experiences working in this unique environment.

ECDSC: *Tell us about your unique work place!*

Amanda: My workplace is unique in many different ways. Not only does working on a cruise ship mean you work out in the middle of the sea, but you meet and work and live with many different cultures. These cultures bring many different experiences

Continued on page 2...

Amanda Karsten (cont.)

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one can not even imagine, and each person experiences it differently. Most ships go on 7-day cruises and your job as youth staff is to make sure the children are happy and having fun, which often includes keeping the parents happy, without going out of work policy and procedures. No matter how big or small your camp room is with the children, it is not just your work place but also your home, as we are often out for 6 months or longer at a time.



ECDSC: *How did you get this position? Was it something you've always wanted to do? How did you hear about it?*

Amanda: Before June 2012 I had never been on or thought about cruise ships. I always wanted to work with children, therefore after my Katimavik experience I took a 2-year ECE course at NSCC. When I was in my second year my parents went on a cruise for their late anniversary present. They told me about how they would see the youth staff out doing activities with the children on the Princess Cruise Lines, running bicycle races. I applied to cast-a-way, on an off chance I may get a call. I went through emotions of wanting and not wanting to go through with it. During graduation month I got the call and worked very hard to do my school work and push through all the papers needed to work on a ship, not an easy task.

ECDSC: *Tell us about the youth programming you are involved with on the ship.*

Amanda: The youth program on Carnival Cruise Lines gives the opportunity to many children to not only get away from their parents but have some fun as well. We are an activity-based program, from ages 2 through 17. We divide up so we can run appropriate age activities; 2-5 (Penguins), 6-8 (Stingrays), 9-11 (Sharks), 12-14 (Circle C), and 15-17 (Club 02). We have many fun themes with them such as but not limited to; princess and prince night, bouncing bunnies, under the sea, knight's night, pirate night. We even look at the ports we go to and use them to our advantage such as Australia, Mexico, and Canada. We do active games, science, trivia, team games, scavenger hunts, parties and much more. We provide a meal for the children who are not joining their parents for meal times.

ECDSC: *What is your typical day like when you're working? What about days off? What is life like living on a cruise ship for so long?*

Amanda: Living on a cruise ship means you are on duty 100% of the time. Even when you have hours off you still have to think about things like emergencies -if there is an emergency you (and the youth team) are responsible for all the children's safety on the ship. For this reason, you are also always in training not just

Continued on page 3...

Amanda Karsten (cont.)

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about the children but also about how to operate the many safety features around the ship. We work shift work on-board, and rotate port manning. Early, middle and late shift, mostly. Early shift works from as early as we dock until late afternoon, unable to get off ship. Mid shift means you come in later and are able get off in the morning, and late shift means you work later in the day until late at night (1am). Your hours off are yours and you can decide how to spend them. Watching the shows on-board, tours in port and trying to connect with folks back at home are a few options. Often our free time is spent doing laundry, cleaning up our room, organizing ideas for our next shift, or running down to meal times, before the mess closes.

ECDC: *What do you like best about your job?*

Amanda: The satisfaction of my job comes from knowing what a difference I have made in children's lives while they are having fun on a ship. I try my best to personalize it for as many children as I can. Whether it be by telling a few stories of my own life, or trying to communicate with the bit of French I know, I try to adapt to what they need where I know other counselors will not. I always liked working with young children, and being on a ship brought this to a whole different level. Being able to make the children smile, either from having fun at camp, or calling their parents because they were uncomfortable, makes me feel happy. It is also pretty amazing I have been working on a cruise ship for 5 years, and looking back on the different things I have experienced and amazing people I have met and worked with, I would not exchange it for any other experience.

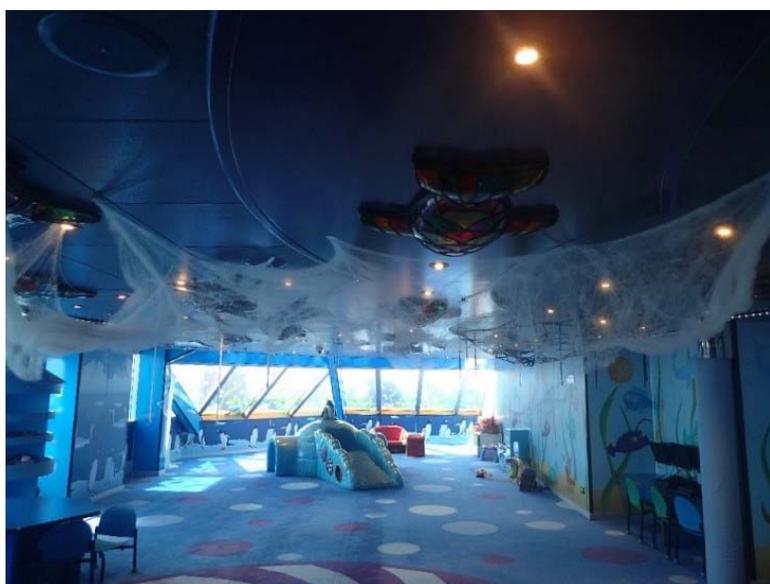
ECDC: *Anything else about you or your job you would like to share?*

Amanda: Working in a ship environment is not for everyone. You have to be an open-minded person willing to take work home, while still knowing the boundaries. One of the hard parts for many guests and crew on a ship is the rough seas, because barfing every hour does have an impact on a person's job.

What an amazing journey you've been on, Amanda!
Thank you for sharing!

(Photographs courtesy of Amanda Karsten.)

The ECE Spotlight will be a regular feature in our newsletter. If you know someone who should be featured here, please send Courtney an email! courtney.daniels@nsc.ca.



New Resources in our Library!

Subjects	Title	Author	Type
Advocacy, Practice & Reflection	Really Seeing Children	Deb Curtis	Book
Art & Creativity	The Language of Art	Ann Pelo	Book
Children's Literature	Noah Chases the Wind	Michelle Worthington, Joseph Cowman (Ill.)	Book
	Stolen Words	Melanie Florence; Gabrielle Grimard (Ill.)	Book
	From Far Away	Robert Munsch and Saoussan Askar; Rebecca Green (Ill.)	Book
	All by Myself	Mercer mayer	Book
	The Adventures of TinTin - Destination Moon	Herge	Book
	Firefighter	Amanda Askew, Andrew Crowson	Book
	Police Officer	Amanda Askew, Andrew Crowson	Book
	Doctor	Amanda Askew, Andrew Crowson	Book
	Teacher	Amanda Askew, Andrew Crowson	Book
		Slide and Find Truck	
Crisis	Reaching and Teaching Children Exposed to Trauma	Barbara Sorrels	Book
	Trauma-Informed Practices with Children and Adolescents	William Steele and Cathy A. Malchiodi	Book
Culture & Diversity	Leading Anti-Bias Early Childhood Programs	Louise Derman-Sparks, Debbie LeeKeenan, John Nimmo	Book
Curriculum	Reflecting Children's Lives	Deb Curtis and Margie Carter	Book
Daycare Management	The Child Care Director's Complete Guide	Christine A. Schmidt	Book
	Team Teaching in Early Childhood	Uniit Carruyo	Book
Family Home Child Care	Family Child Care Homes	Linda J. Armstrong	Book
Food & Nutrition	The Little Chef's Big Book of Recipes		Binder
Infants & Toddlers	Infant-Toddler Social Studies	Carla B. Goble	Book
Observing & Recording	Learning Stories	Margaret Carr and Wendy Lee	Book
	Windows on Learning	Judy Haris Helm, Sallee Ben- eke, Kathy Steinheimer	Book

New Resources (Continued)

Parent & Teacher Relationship	From Parents to Partners	Janis Keyser	Book
	Deployment: Strategies for Working with Kids in Military Families	Karen Petty	Book
Professional Development	Reflecting in Communities of Practice	Deb Curtis, Debbie Leo, Wendy C. M. Cividanes, Margie Carter	Book
Reggio/Emergent Curriculum	The Unscripted Classroom	Susan Stacey	Book
School Age Children	Great Afterschool Programs and Spaces that Wow!	Linda J. Armstrong, Christine A. Schmidt	Book
Science & Nature	Connecting with Nature		Binder
	Balanced and Barefoot	Angela J. Hanscom	Book
	Extreme Space		Puzzle
	Encyclopedia of Space	Heather Couper and Nigel Henbest	Book
Socialization & Communication	Inspiring Wonder, Awe, and Empathy	Deborah Schein	Book
Theories & Research	Early Learning Theories Made Visible	Miriam Beloglovsky and Lisa Daly	Book
	Becoming Brilliant	Roberta Michnick Golinkoff, Kathy Hirsh-Pasek	Book
	Einstein Never Used Flash Cards	Kathy Hirsh-Pasek and Roberta Michnick Golinkoff	Book
	Discovering the Culture of Childhood	Emily Plank	Book



Workshop Guidelines

The following guidelines must be followed:

- One participant per registration form
- NSCC student ID OR birth date is required on registration form.
- Pre-registration **AND** payment are to be received by us, at least **TWO WEEKS IN ADVANCE** (unless otherwise noted)
- Send form and payment to Justine at the ECDSK. **Online Registration now available!**
- Registrations cannot be processed, nor spaces held, unless the above guidelines are followed.
- **Cancellations** must be processed before the workshop occurs. Therefore, to get a refund, please contact us at least **two weeks** prior to a workshop if you are unable to attend. This also allows us to offer your space to someone on our wait list.

NOTE: We must sometimes cancel a workshop if there is a lack of participation and depending on the facilitators this may be done more than 2 weeks in advance. Please be sure to register as soon as possible to ensure that you will have a spot in the workshop and check for your workshop’s deadline.

Please remember to bring your own mug, cup, sport bottle etc. to help us save the environment!

Visit our website for maps to all workshop venues.

Calendar

Please keep in mind the following deadlines and workshop dates:

- April 19 **Registration Deadline:** Outdoor and Nature Play
- April 24 Hants Directors Meeting / NSECDIS Information Session (6:30—8:30 pm)
- April 25 ECE Networking (6:00—8:00 pm)
- April 27 **Registration Deadline:** Understanding the Development of the Early Years' Brain Makes for Better Teachers
- May 3 Outdoor and Nature Play (6:30—8:30 pm)
- May 10 **Registration Deadline:** Eating Well to Grow Well
- May 12 Understanding the Development of the Early Years' Brain Makes for Better Teachers (9:00 am—1:00 pm)
- May 16 ECE Networking (6:00—8:00 pm)
- May 24 Eating Well to Grow Well (6:00—8:00 pm)
- May 30 **Registration Deadline:** Picture Book Palooza—Summer Edition
Registration Deadline: Re-Connecting with Nature
- June 13 Picture Book Palooza—Summer Edition (6:30—8:30 pm)
- June 16 Re-Connecting with Nature (9:00 am—4:30 pm)
- June 20 ECE Networking (6:00—8:00 pm)
- June 26 Hants Directors Meeting (6:30—8:30 pm)



The Support Centre is a nut-free, scent-free facility.

We ask that you refrain from eating or using nut products (including coconut oil) during or prior to attending workshops or sessions hosted by the ECDSK.

Please relay this message to your colleagues.

Outdoor and Nature Play



Understanding the Development of the Early Years' Brain Makes

for Better Teachers 

Many early learning teachers are embracing the movement to increase the opportunities for children to have intriguing outdoor play experiences. At the same time, early learning teachers are exploring how nature pedagogy may differ from other practices. Participants at this interactive workshop will explore what is meant by environments that provide children with a sense of place and a chance to experience nature pedagogy. Core concepts of outdoor play and nature pedagogy and early learning program philosophies and practice will be explored.

* Snacks provided *

Participants are asked to dress comfortably and for the weather. Part of the session will take place outdoors.

DATE: Thursday, May 3rd, 2018

TIME: 6:30—8:30 pm (2 PD hours)

PLACE: NSCC Kingstec, Kentville

DEADLINE: April 19th

FEE: \$50 **CLASS NUMBER:** #2379

REGISTER: Mail/drop-off registration & payment to Justine in the Support Centre!

FACILITATOR: Dr. Beverlie Dietze

About Beverlie: Dr. Beverlie Dietze has been researching aspects of children's outdoor play for more than 20 years. She has published three textbooks related to children's play and learning and is currently a lead researcher and facilitator on outdoor play funded through the Lawson Foundation. Beverlie has been involved in a number of outdoor play projects and presentations in Nova Scotia.

This workshop will provide refreshing insights into how young brains develop and how this information can be put to use while teaching. This session will take a closer look at the development of "body-spatial awareness" and "differentiation", and how these systems play an important role for skills development for colouring, drawing, pencil grip, using scissors, beading, dressing, concentration, staying on task ...and more.

* Snacks provided *

DATE: Saturday, May 12th, 2018

TIME: 9:00 am—1:00 pm (4 PD hours)

PLACE: NSCC Kingstec, Kentville

DEADLINE: April 27th

FEE: \$70 **CLASS NUMBER:** #2380

REGISTER: Mail/drop-off registration & payment to Justine in the Support Centre!

FACILITATOR: Nancy Ceulemans

About Nancy: Originally from Belgium, Nancy Ceulemans moved to Nova Scotia in 2008. Nancy first studied classical music and in 1989 also obtained a teachers degree (with honors) with an emphasis on Early Childhood Development and Education. For ten years, Nancy was the director and teacher of a preschool and later became a practicum mentor for students in preschool nursing. Nancy further developed her career internationally in a variety of educational settings in England and Switzerland. She was involved in toddler groups, taught preschools, primary classes and taught music and movement in elementary years. Additionally she studied multiple award winning neurodevelopmental approaches such as HANDLE®, DIRFloortime®, Irlen®, The Listening Program® and reflex integration. In her workshops, she integrates her knowledge and experience gathered from her diverse array of training. She has been in private practice for the past 9 years, working with children experiencing a wide range of difficulties. The majority of her clients are affected by autism.

Workshop Legend



Lecture and/or discussion



Hands on and/or Group Work



Active! Bring your comfy clothes!



This is an online workshop.

Eating Well to Grow Well



Childhood is a critical learning period where children develop eating habits that will influence their relationship with food for a lifetime. The Eating Well to Grow Well workshop focuses on supporting children to be good eaters so they can grow well. This interactive workshop will provide you with useful information and tools you can use to promote the development of healthy eating habits with children.

* Snacks provided *

DATE: Thursday, May 24th, 2018

TIME: 6:00—8:00 pm (2 PD hours)

PLACE: NSCC Kingstec, Kentville

DEADLINE: May 10th

FEE: \$30 **CLASS NUMBER:** #2381

REGISTER: Mail/drop-off registration & payment to Justine in the Support Centre!

FACILITATOR: Elaine Horne Duarte

About Elaine: Elaine is a Registered Dietitian and the Provincial Project Manager, Nutrition - Health Education in Nova Scotia for Dairy Farmers of Canada. Elaine works within a team of dietitians who strive not only to gain knowledge of scientific data related to nutrition and education but also to translate this information into effective, innovative and award-winning programs. A focus for the team of dietitians is to develop programs and resources that both support educators in learning about food and nutrition and also help educators teach children about food and nutrition. Elaine has enjoyed facilitating continuing education workshops for Early Childhood Educators in Nova Scotia since 2014.

Picture Book Palooza - Summer Edition



See the latest and best picture books. Learn about picture book art, using picture books as early literacy tools, integrating picture books into your daily life. You'll also get a crash course in resources -- how to best use the public library, online sources for booklists, and more. Immerse yourself in picture books!

* Snacks provided *

DATE: Wednesday, June 13th 2018

TIME: 6:30—8:30 pm (2 PD hours)

PLACE: NSCC Annapolis Valley Campus, Middleton

DEADLINE: May 30th

FEE: \$50 **CLASS NUMBER:** #2382

REGISTER: Mail/drop-off registration & payment to Justine in the Support Centre!

FACILITATOR: Angela Reynolds

About Angela: Angela Reynolds is the Community Engagement Coordinator for Annapolis Valley Regional Library. She has been a librarian for over 20 years, and specializes in Children's Literature. She was a member of the 2015 Caldecott Committee, reviews children's books and audios, creates programs for children and families, and organizes the annual Summer Reading Club.

Professional Development Around the Province

Check out PD offerings from other organizations around the Province!

⇒ **NSCC ECDSK Burridge:**

<http://ecdsc.nsc.ca/burridge.html>

⇒ **NSCC ECDSK Cumberland: (Online sessions!)**

<http://ecdsc.nsc.ca/cumberland.html>

⇒ **NSCC ECDSK Marconi:**

<https://www.facebook.com/MarconiECDSK/>

⇒ **Nova Scotia Child Care Association**

<http://nschildcareassociation.org/>

⇒ **CPRPS**

<https://cprps.ca>

⇒ **Jane Norman College**

<http://bit.ly/janenorman>

⇒ **Mount Saint Vincent University**

<http://bit.ly/MountPD>

⇒ **Nova Scotia College of Early Childhood Education**

<https://www.nscece.ca/eycdc/>

Re-Connecting with Nature



The Re-Connecting with Nature workshop is a hands-on day of outdoor adventure to improve your ability to lead and share an appreciation and understanding of nature with children and youth. Participants will improve their leadership skills, gain practical activity ideas, network with like-minded folks and have fun in nature. The workshop is offered through Hike Nova Scotia in partnership with the Nova Scotia Department of Communities, Culture and Heritage with support from Acadia University.

Participants in this workshop will have the opportunity to...

- understand the value and key concepts in reconnecting children and youth with nature.
- improve their skills in facilitating experiences in nature with others.
- identify valuable ideas, activities and resources for this work.
- have fun and get to know other resourceful people.
- strengthen networks of people committed to reconnecting others with nature.

* Snacks provided * Fee includes take home materials
Bring your lunch!

DATE: Saturday, June 16th, 2018

TIME: 9:00 am—4:30 pm (7 PD hours)

PLACE: Louis Millet Centre, New Minas

DEADLINE: May 30th

FEE: \$80 **CLASS NUMBER:** #2383

REGISTER: Mail/drop-off registration & payment to Justine in the Support Centre!

FACILITATOR: Hike Nova Scotia



Hike Nova Scotia encourages and promotes a growing biking culture throughout our great province. We strive to be the voice for those who hike, walk and snowshoe. With every step we're building a community of outdoor adventure enthusiasts. Biographies of the instructors have yet to be forwarded.

Upcoming Networking Dates

ECE Networking

Kingstec, 6:00-8:00 pm

| April 25

| May 16

| June 20

Hants Director's Meetings

Family Resource Centre of
West Hants, 6:30-8:00 pm

| April 24

| June 26

Information Session: During the Hants Director's Meeting on April 24th, learn about programs offered by the Nova Scotia Early Childhood Development Intervention Service and Valley Child Development.

Tuition Assistance

Need help paying for the Early Childhood Education courses you are taking? Take advantage of Nova Scotia's Department of Education and Early Childhood Development's Continuing Education program. Check their website for more information.
<http://bit.ly/ececoned>

NSCC Courses

Take advantage of NSCC's continuing education opportunities:

Online Courses for ECE Students

<http://bit.ly/nsccece>

Safety Courses

(Including First Aid, Food Handlers)

<http://bit.ly/nscsafety>

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