

Mental Health First Aid: Basic Training

WHEN

March 3 & 4, 2018
9am – 4pm (1 hr lunch on own)

WHERE

NSCC Burridge Campus

372 Pleasant St, Yarmouth, NS B5A 2L2

Mental Health First Aid (MHFA) is a certification-based training program owned and regulated by the Mental Health Commission of Canada aiming to improve mental health literacy and to provide the skills and knowledge to help people better manage potential or developing mental health problems in themselves, a family member, a friend, or a colleague.

This course is open to anyone with priority given to those working in the Early Years sector.

COST

\$115 per participant

PLEASE NOTE:

You must attend both days to receive certification.

LIMITED SPACES

AVAILABLE

12 PD Hours

FOR MORE INFORMATION:

MELISSA VAIL—
902-742-7832 OR
MELISSA.VAIL@NSCC.CA

To register send completed **registration form** along with payment no later than 2 weeks prior to start date (Feb 16).

COURSE DETAILS CAN BE FOUND HERE:

WWW.MENTALHEALTHFIRSTAID.CA/