



EARLY CHILDHOOD DEVELOPMENT SUPPORT CENTRE

NSSC Burrige

Mental Health First Aid

This basic course provides general information about what is meant by mental health problems and illnesses. Participants will learn how to identify signs, effective intervention and treatments as well as how to support an individual. Suitable for school administrators, parents, caregivers, nursing home administrators and others with an interest in mental health issues.

When: November 5 & 6, 2016

Time: 9:00-4:00

PD Hours: 12

**Where: Through the Years Day Care
& Community Centre
Hubbards, Nova Scotia**

Cost: \$60 (tax included)

Class #: 110516

To register send completed registration form along with payment.

Registration form can be downloaded at
[www.ecdsc.nsc.ca/
burridge.html](http://www.ecdsc.nsc.ca/burridge.html)

*Please note: You must attend both days to receive certification.

LIMITED SPACES AVAILABLE. For more information contact:

Melissa Vail—902-742-7832 or melissa.vail@nsc.ca

Course details can be found here: www.mentalhealthfirstaid.ca/